

Pain Management Services

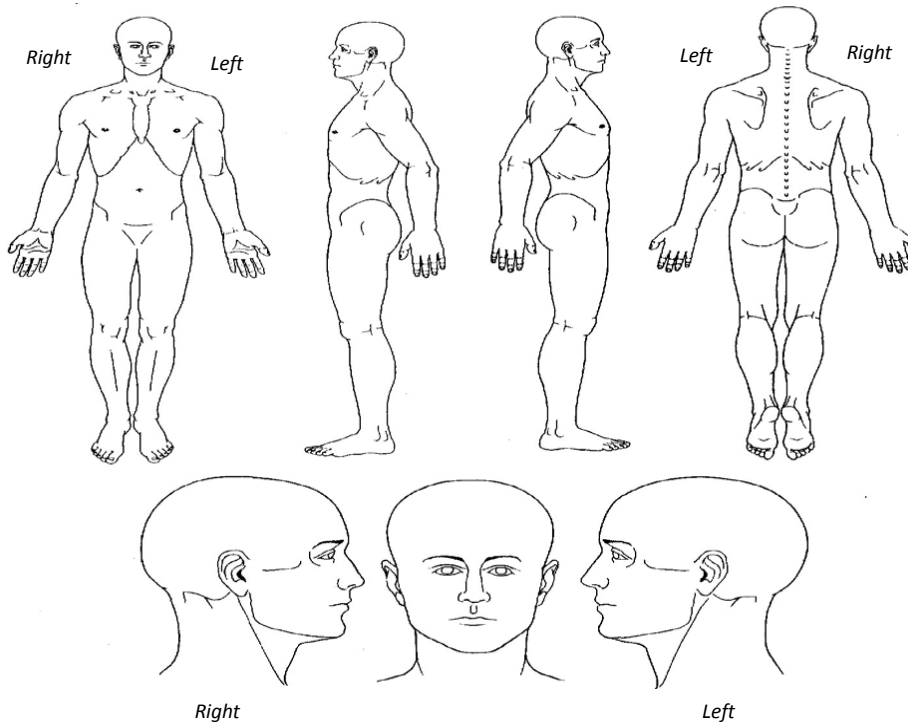
New Patient Intake Questionnaire

We are committed to providing you with the best possible health care. To help us assess your current health care needs, we would like you to complete the following form. We know that we are asking you many questions, but we feel that it is important that you take the time to complete all pages. Our comprehensive questionnaire helps us determine the best diagnosis and treatment plan.

Patient Information					
Last Name:	First Name:	MI:	Last Four of Sponsor's SSN:	Gender:	Age:
DATE:	What problem/diagnosis brings you here?				
Physician Information					
Please list the name(s) of any healthcare provider(s) who are currently treating you or prescribing medications to you: <i>(If more space is needed, please continue list on last sheet)</i>					
Name	Reason	Name	Reason		
1.	<i>Primary Care Provider</i>	3.			
2.		4.			
Clinical Information					
Allergies: _____					
Current Medications: <i>(If more space is needed, please continue list on last sheet)</i>					
Name	Dose	Frequency	Purpose		
Sleep					
How many hours (average) of sleep do you get each night?					
If you are not sleeping well, what is the cause? (Check all that apply)					
<div style="display: flex; flex-wrap: wrap;"> <div style="width: 33%;"><input type="checkbox"/> Pain</div> <div style="width: 33%;"><input type="checkbox"/> Nightmares</div> <div style="width: 33%;"><input type="checkbox"/> Diagnosed with restless leg syndrome</div> <div style="width: 33%;"><input type="checkbox"/> Racing thoughts (anxiety)</div> <div style="width: 33%;"><input type="checkbox"/> Diagnosed with sleep apnea</div> <div style="width: 33%;"><input type="checkbox"/> Other (explain):</div> </div>					

Pain History

On the diagram, shade in the areas where you feel pain. Put an X on the area that hurts the most.



When did your pain begin?

How did your pain begin? (Injury in OIF/OEF, sports, auto accident, etc)

What does the pain feel like? Mark the words that describe your pain, choose all that apply.

- | | | | | | | |
|------------------------------------|-------------------------------------|-------------------------------------|------------------------------------|--------------------------------------|----------------------------------|---------------------------------------|
| <input type="checkbox"/> Aching | <input type="checkbox"/> Sickening | <input type="checkbox"/> Shooting | <input type="checkbox"/> Stabbing | <input type="checkbox"/> Penetrating | <input type="checkbox"/> Nagging | <input type="checkbox"/> Numb |
| <input type="checkbox"/> Tender | <input type="checkbox"/> Burning | <input type="checkbox"/> Exhausting | <input type="checkbox"/> Radiating | <input type="checkbox"/> Squeezing | <input type="checkbox"/> Dull | <input type="checkbox"/> Deep |
| <input type="checkbox"/> Miserable | <input type="checkbox"/> Unbearable | <input type="checkbox"/> Cramping | <input type="checkbox"/> Gnawing | <input type="checkbox"/> Pricking | <input type="checkbox"/> Sharp | <input type="checkbox"/> Intermittent |

What do you do to make your pain feel better? (for example - heat, medicine, rest)

What do you do to make your pain feel worse? (for example - walking, standing, lifting)

Pain History Continued

What treatments have you had for your pain? (Mark all that apply.)

- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> TENS Unit | <input type="checkbox"/> Chiropractic Care | <input type="checkbox"/> Hypnosis |
| <input type="checkbox"/> Biofeedback | <input type="checkbox"/> Hot/Cold | <input type="checkbox"/> Group Therapy | <input type="checkbox"/> Reiki Therapy |
| <input type="checkbox"/> Massage | <input type="checkbox"/> Topical Medications | <input type="checkbox"/> Psychotherapy | <input type="checkbox"/> Other (list) |
| <input type="checkbox"/> Acupuncture | <input type="checkbox"/> Pool Therapy | <input type="checkbox"/> CBT | |
| <input type="checkbox"/> Injections (list type and date) | | | |

What tests have you had to evaluate your pain? (Mark all that apply.)

- | | | | | | | |
|---------------------------------|------------------------------|----------------------------------|------------------------------|------------------------------------|------------------------------------|--------------------------------|
| <input type="checkbox"/> X-rays | <input type="checkbox"/> MRI | <input type="checkbox"/> CT Scan | <input type="checkbox"/> EMG | <input type="checkbox"/> Myelogram | <input type="checkbox"/> Discogram | <input type="checkbox"/> Other |
|---------------------------------|------------------------------|----------------------------------|------------------------------|------------------------------------|------------------------------------|--------------------------------|

Have you been treated in the Emergency Department for your pain? Yes No
If yes, then how many visits in the last 6 months?

What medications have you tried for pain:

Opioids:

- Oxycodone (percocet, roxicet, Oxycontin)
- Morphine (MS Contin, Avinza, Kadian)
- Hydromorphone (Dilaudid)
- Methadone
- Codeine (Tylenol #3, #4)
- Hydrocodone (Vicoden, Norco)
- Fentanyl (Duragesic, Actiq)
- Tramadol (Ultram)
- Buprenorphine (Suboxone)
- Others:

NSAIDs:

- Ibuprofen (Advil, Motrin)
- Naproxen (Aleve, Naprosyn)
- Meloxicam (Mobic)
- Celecoxib (Celebrex)
- Nambumetone (Relafen)
- Diclofenac (Voltaren)
- Piroxicam (Feldene)
- Others:

Anti-Seizure:

- Gabapentin (Neurontin)
- Pregabalin (Lyrica)
- Topiramate (Topamax)
- Oxycarbazepine (Trileptal)
- Levetiracetam (Keppra)
- Carbamazepine (Tegretol)
- Others:

Antidepressants:

- Amitriptyline (Elavil)
- Nortriptyline (Pamelor)
- Duloxetine (Cymbalta)
- Milnacipran (Savella)
- Paroxetine (Paxil)
- Citalopram (Celexa)
- Trazodone (Deseryl)
- Bupropion (Wellbutrin)
- Fluoxetine (Prozac)
- Setraline (Zoloft)
- Venlafaxine (Effexor)
- Others:

Muscle Relaxants:

- Baclofen
- Cyclobenzaprine (Flexeril)
- Carisprodol (Soma)
- Clonazepam (Klonopin)
- Diazepam (Valium)
- Metaxalone (Skelaxin)
- Tizanidine (Zanaflex)
- Methocarbamol (Robaxin)
- Others:

Others (please list):

Supplements & herbal therapies (e.g. glucosamine, chondroitin, fish oil)

Family History

Please list whether your direct family members are alive or deceased, their ages at death, and any significant medical (*i.e. diabetes, heart disease, cancer*), psychological (*i.e. depression, anxiety, bipolar*), or alcohol/illegal or prescription drug problems, they may have had.

		Major Medical Problems	Psychological Problems	If deceased, cause of death and age at death
Biological Father	<input type="checkbox"/> Alive <input type="checkbox"/> Deceased			
Biological Mother	<input type="checkbox"/> Alive <input type="checkbox"/> Deceased			
Brothers	<input type="checkbox"/> Alive <input type="checkbox"/> Deceased			
Sisters	<input type="checkbox"/> Alive <input type="checkbox"/> Deceased			

Review of Systems

Do you have any other symptoms? Please check any that you are **now** experiencing, or mark none.

None

GENERAL:

Nausea

Vomiting

Sweating

Tiredness

Fever

Loss of Appetite

Weight Gain

Weight Loss

EYES:

Glasses/Contacts

Double Vision

Spots in Vision

Cataracts

EARS/NOSE/THROAT:

Hoarseness

Hearing Loss

Ringing in Ears

NERVOUS SYSTEM:

Muscle Spasm

Memory Loss

Dizziness

Balance Problem

Headache

Weakness

HEART:

Chest Pain

Murmurs

Irregular Heartbeat

Blood Clots

LUNGS:

Short of Breath

Wheezing

Cough

Congestion

URINARY:

Trouble passing urine

Trouble holding urine

Bed Wetting

Pain with Urination

Blood in Urine

Other Urinary problems

GASTROINTESTINAL:

Constipation

Diarrhea

Blood in Stool

Indigestion

Abdominal Pain

HEMATOLOGY:

Unexplained Bleeding

Easy Bruising

Anemia (low blood count)

SKIN:

Skin Ulcers

Rash

Itching

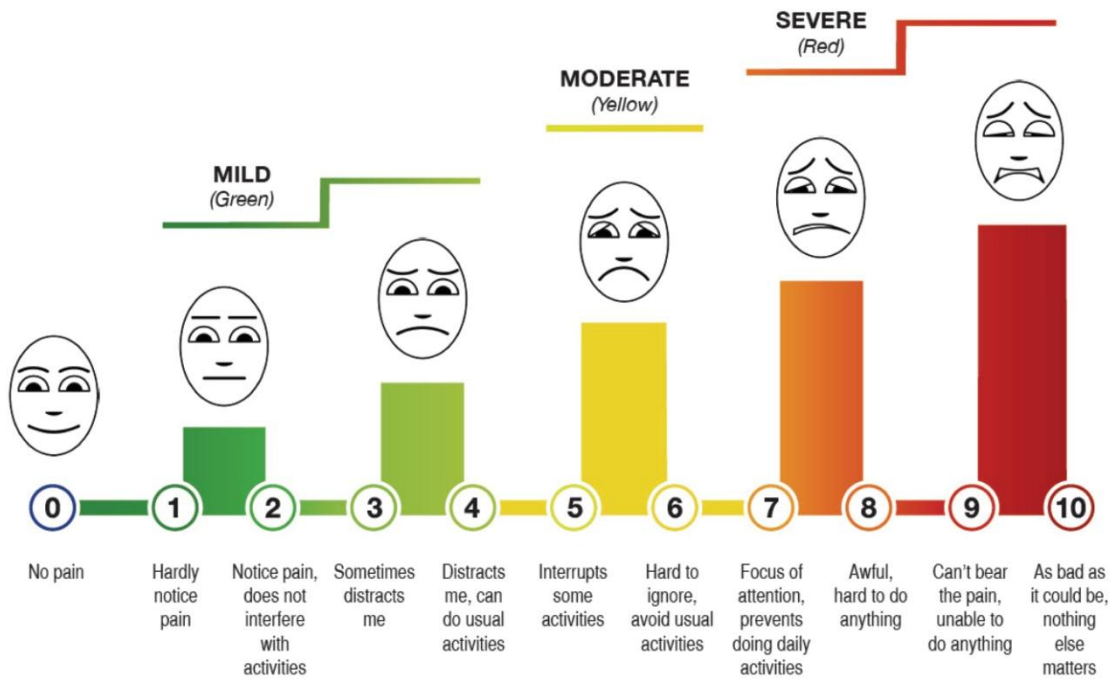
Lumps

List any additional symptoms:

Last Name: _____

Last 4 Sponsor SSN: _____

Defense and Veterans Pain Rating Scale



v 2.0

Using the pain rating scale above as your guide, please respond to each item below by marking one box per row.

<p>1. What is your level of pain <u>right now</u>?</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p>
<p>2. In the past 7 days, how intense was your pain at its <u>worst</u>?</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p>
<p>3. In the past 7 days, how intense was your <u>average pain</u>?</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p>
<p>4. Choose the one number that describes how, during the past 24 hours, pain has interfered with your usual <u>ACTIVITY</u>:</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p> <p>Does not interfere Completely interferes</p>
<p>5. Choose the one number that describes how, during the past 24 hours, pain has interfered with your <u>SLEEP</u>:</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p> <p>Does not interfere Completely interferes</p>
<p>6. Choose the one number that describes how, during the past 24 hours, pain has affected your <u>MOOD</u>:</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p> <p>Does not interfere Completely interferes</p>
<p>7. Choose the one number that describes how, during the past 24 hours, pain has contributed to your <u>STRESS</u>:</p> <p> <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 </p> <p>Does not interfere Completely interferes</p>

Last Name: _____

Last 4 Sponsor SSN: _____

Pain Assessment Continued

In the past 7 days		Not at all	A little bit	Somewhat	Quite a bit	Very Much
1.	How much did pain interfere with your ability to concentrate?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
2.	How much did pain interfere with your enjoyment of life?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
3.	How much did pain interfere with your enjoyment of recreational activities?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
4.	How much did pain interfere with doing your tasks away from home (e.g. getting groceries, running errands)?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
5.	How often did pain keep you from socializing with others?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

PCS

We are interested in the types of thoughts and feelings that you have when you are in pain. The next statements will be describing different thoughts and feelings that may be associated with pain. Using the following scale, please indicate the degree to which you have these thoughts and feeling when you are experiencing pain. Please enter corresponding number in box next to each statement.

When I am in pain . . .		Not at all	To a slight degree	To a moderate degree	To a great degree	All the time
1.	I worry all the time about whether the pain will end.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
2.	I feel I can't go on.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
3.	It's terrible and I think it's never going to get any better.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
4.	It's awful and I feel that it overwhelms me.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
5.	I feel I can't stand it anymore.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
6.	I become afraid that the pain will get worse.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
7.	I keep thinking of other painful events.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
8.	I anxiously want the pain to go away.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
9.	I can't seem to keep it out of my mind.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
10.	I keep thinking about how much it hurts.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
11.	I keep thinking about how badly I want the pain to stop.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
12.	There's nothing I can do to reduce the intensity	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4
13.	I wonder whether something serious may happen.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4

Last Name: _____

Last 4 Sponsor SSN: _____

This list contains some sentences that people have used to describe themselves when they have pain. When you read them, you may find that some stand out because they describe you today. As you read the list, think of yourself today. When you read a sentence that describes you today, please select the 'yes' column. If the sentence does not describe you, select the 'no' column.

Select 'yes' if the sentence describes you today.

	Yes	No
I stay at home most of the time because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
I change position frequently to try and make my body comfortable.	<input type="checkbox"/>	<input type="checkbox"/>
I walk more slowly than usual because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I am not doing any of the jobs that I usually do around the house.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I use the handrail to go upstairs	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I lie down and rest more often.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I have to hold on to something to get out of an easy chair	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I ask other people to do things for me.	<input type="checkbox"/>	<input type="checkbox"/>
	Yes	No
I get dressed more slowly than usual because of my pain	<input type="checkbox"/>	<input type="checkbox"/>
I only stand for short periods because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I try not to bend or kneel down.	<input type="checkbox"/>	<input type="checkbox"/>
I find it difficult to get out of a chair because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
I experience pain most of the time.	<input type="checkbox"/>	<input type="checkbox"/>
I find it difficult to turn over in bed because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
My appetite is not very good because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
I have trouble putting on my socks (or stockings) because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
	Yes	No
I only walk short distances because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
I sleep less because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I get dressed with help from someone else.	<input type="checkbox"/>	<input type="checkbox"/>
I sit down most of the day because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I am more irritable and bad tempered with people.	<input type="checkbox"/>	<input type="checkbox"/>
I avoid heavy jobs around the house because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>
Because of my pain, I go upstairs more slowly than usual.	<input type="checkbox"/>	<input type="checkbox"/>
I stay in bed most of the time because of my pain.	<input type="checkbox"/>	<input type="checkbox"/>

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several Days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
2. Feeling down, depressed, or hopeless.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
3. Trouble falling or staying asleep, or sleeping too much.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
4. Feeling tired or having little energy.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
5. Poor appetite or overeating.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
6. Feeling bad about yourself, or that you are a failure, or have let yourself or your family down.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
7. Trouble concentrating on things, such as reading the newspaper or watching television.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
8. Moving or speaking so slowly that other people could have noticed. Or, the opposite – being so fidgety or restless that you have been moving around a lot more.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
9. Thoughts that you would be better off dead, or of hurting yourself in some way.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3

Over the last 2 weeks, how often have you been bothered by any of the following problems?

	Not at all	Several Days	More than half the days	Nearly every day
1. Feeling nervous, anxious, or on the edge.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
2. Not being able to stop or control worrying.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
3. Worrying too much about different things.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
4. Trouble relaxing.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
5. Being so restless that it's hard to sit still.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
6. Becoming easily annoyed or irritable.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
7. Feeling afraid as if something awful might happen.	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

- Not difficult at all
 Somewhat difficult
 Very difficult
 Extremely difficult

What do you consider your three greatest sources of stress?(list from most to least)

1.
2.
3.

Name three functional goals you would like to improve (e.g. walking, running, sleeping)

1.
2.
3.

What do you perceive as possible barriers to your engagement in pain management strategies?

Assessments

Below is a list of problems and complaints that people sometimes have in response to stressful life experiences. Please read each one carefully, then circle one of the numbers to the right to indicate how much you have been bothered by that problem in the past month.

	Not at all	A little bit	Moderately	Quite a bit	Extremely
1. Repeated, disturbing <i>memories, thoughts, or images</i> of a stressful experience from the past?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
2. Repeated, disturbing <i>dreams</i> of a stressful experience from the past?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
3. Suddenly acting or feeling as if a stressful experience <i>were happening again</i> (as if you were reliving it)?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
4. Feeling <i>very upset</i> when something <i>reminded you</i> of a stressful experience from the past	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
5. Having <i>physical reactions</i> (e.g., heart pounding, trouble breathing, or sweating) when <i>something reminded you</i> of a stressful experience from the past?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
6. Avoid <i>thinking about</i> or <i>talking about</i> a stressful experience from the past or avoid <i>having feelings</i> related to it?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
7. Avoid <i>activities</i> or <i>situations</i> because <i>they reminded you</i> of a stressful experience from the past?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
8. Trouble <i>remembering important parts</i> of a stressful experience from the past?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
9. <i>Loss of interest</i> in things that you used to enjoy?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
10. Feeling <i>distant</i> or <i>cut off</i> from other people?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
11. Feeling <i>emotionally numb</i> or being unable to have loving feelings for those close to you?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
12. Feeling as if your <i>future</i> will somehow be <i>cut short</i> ?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
13. Trouble <i>falling</i> or <i>staying asleep</i> ?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
14. Feeling <i>irritable</i> or having <i>angry outbursts</i> ?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
15. Having <i>difficulty concentrating</i> ?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
16. Being " <i>super alert</i> " or watchful on guard?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5
17. Feeling <i>jumpy</i> or easily startled?	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3	<input type="checkbox"/> 4	<input type="checkbox"/> 5

Behavioral Health History - Please be honest so that we may help you.

ORT

Do you use tobacco? <input type="checkbox"/> Yes <input type="checkbox"/> No	How much/ how often?	For how long?	Have you ever tried to quit?	Do you want to quit?
Type:				

How often do you have a drink containing alcohol?
 Never Monthly or less 2-4 times per month 4 or more times per week

How many standard drinks containing alcohol do you have on a typical day?
 1 or 2 3 or 4 5 or 6 7 to 9 10 or more

How often do you have six or more drinks on one occasion?
 Never Less than monthly Monthly Weekly Daily or almost daily

Do you have a family history of substance abuse? Alcohol Illegal drugs Prescription drugs Other

Do you have a personal history of substance abuse? Alcohol Illegal drugs Prescription drugs Other

Do you have a history of pre-adolescent sexual abuse? Yes No

Have you ever been diagnosed with a psychiatric disorder?

Attention Deficit Disorder (ADD or ADHD)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Obsessive Compulsive Disorder (OCD)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Bipolar Disorder	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Schizophrenia	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Depression	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Have you ever or are you currently taking your pain medication differently than prescribed by your provider?
(i.e. taking more than prescribed, more/less frequently, not taking them, etc.) Yes No

If yes, why?

Have you, your doctor, or family member felt that you have a problem with pain medications? Yes No

If yes, explain?

Medical History

Please list any significant medical or health problems that you have or have had in the past.

<input type="checkbox"/> Arthritis	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Cancer
<input type="checkbox"/> Stroke	<input type="checkbox"/> Lung Disease	<input type="checkbox"/> Kidney Disease	<input type="checkbox"/> Thyroid Disorder	<input type="checkbox"/> Bleeding Disorder

List any additional/other problems:

Please list all previous surgeries and or hospitalizations.

Last Name: _____

Last 4 Sponsor SSN: _____

Legal

Any recent/past legal issues other than speeding tickets (i.e. DUIs, arrests, charges, convictions)?
(If yes, please explain) Yes No

Is there any litigation regarding your injury? (If yes, please explain) Yes No

Any other disciplinary or legal actions (i.e. UCMJ, Chapter, Article 15)? Yes No

Are you currently getting or applying for SSI disability or workman's comp (civilian)? Yes No

Social Life

Are you experiencing any sexual concerns that are related to your pain? Yes No

How many close friends do you have, not including immediate family?

Who would you say really cares about you and that you could ask for help if needed?

How do your family/friends respond to your expression of pain?

Are you geographically isolated from your family? Yes No

Have you recently isolated yourself from family and friends? Yes No

Are you using any community resources or supports? (i.e. chaplain, ASAP, social work, 12-step meetings, support groups) Yes No
If yes, please identify:

What is your religious/spiritual affiliation, if any?

How much is your religious/spiritual affiliation a source of strength and comfort for you?
 Not at all Not very much Somewhat Quite a bit A great deal

Employment

Occupation/MOS (Job Title):	Fitness for Duty: (Military) <input type="checkbox"/> Fit for duty <input type="checkbox"/> Nondeployable <input type="checkbox"/> Medical Board <input type="checkbox"/> Perm Profile <input type="checkbox"/> Temp Profile	Last APFT Date/Score: <input type="checkbox"/> Go <input type="checkbox"/> No Go
2nd MOS:	<i>If currently on profile, please explain and give dates:</i>	

Potential for Active Duty Retention: Very Likely Likely Unlikely

Have you ever: been fired been laid off left a job without giving notice

Rate your current MOS/job satisfaction:

<i>Not at all</i>												<i>Moderately Satisfied</i>									<i>Very Satisfied</i>
0	1	2	3	4	5	6	7	8	9	10											

Any current or recent financial problems? (If yes, please explain) Yes No

Education

Highest level of education achieved:

<input type="checkbox"/> Did not complete high school	<input type="checkbox"/> Associates degree
<input type="checkbox"/> GED	<input type="checkbox"/> Bachelors degree
<input type="checkbox"/> High School diploma	<input type="checkbox"/> Graduate school
<input type="checkbox"/> Some college/technical courses	

Average grades in high school / college: **Were you ever held back a grade in high school or required to attend special education classes?** Yes No

Last Name: _____

Last 4 Sponsor SSN: _____

Childhood Background

Who raised you?	Were you adopted? <input type="checkbox"/> Yes <input type="checkbox"/> No	Number of siblings: Biological- _____ Step- _____
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How would you describe your childhood home:

Loving Chaotic Poor Wealthy
 Comfortable Abusive Middle class Other (describe)

Family Life

Marital Status: <input type="checkbox"/> Single, never married <input type="checkbox"/> Separated <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> In a relationship	Number of times married	Number of children	Do your children live with you?

Rate your satisfaction with your current marriage or relationship:

Not at all 0 1 2 3 4 5 6 7 8 9 10 *Moderately Satisfied* *Very Satisfied*

Exercise History

Were you athletic in high school? <input type="checkbox"/> Yes <input type="checkbox"/> No	Prior to your pain, what activities/exercises were you doing?	What are you currently doing for exercise?
What sports did you play?	Type: Frequency:	Type: Frequency:

Support & Resources

Have you or your spouse ever been involved with Child Protective Services or Family Advocacy? <input type="checkbox"/> Yes <input type="checkbox"/> No	Are you using any community resources or support? (i.e. Chaplain, ASAP, Social Work, AA) <input type="checkbox"/> Yes <input type="checkbox"/> No
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Have you ever experienced : emotional abuse physical abuse sexual abuse

Additional Space

Please use the blank space below to add information that did not fit in the provided fields. You may also use this space to tell us any information related to your health that you feel is important for us to know.

If your appointment is within the next **FIVE** days, please **CONTINUE**. If not, please **STOP** and complete the remaining pages within **FIVE** days of your appointment. *Then* send completed packet back to the IACH Pain Clinic.

Last Name: _____

Last 4 Sponsor SSN: _____